



Gambler's Beliefs Questionnaire

DIRECTIONS: Read each of the following statements carefully. Rate to what extent you agree or disagree with each statement by circling a number.

1. I think of gambling as a challenge.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

2. My knowledge and skill in gambling contribute to the likelihood that I will make money

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

3. My choices or actions affect the game on which I am betting.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

4. If I am gambling and losing, I should continue because I don't want to miss a win.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

5. I should keep track of previous winning bets so that I can figure out how I should bet in the future.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

6. When I am gambling, "near misses" or times when I almost win remind me that if I keep playing I will win.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

7. Gambling is more than just luck.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

8. My gambling wins are evidence that I possess skill and knowledge related to gambling.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

9. I have a "lucky" technique that I use when I gamble.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

10. In the long run, I will win more money than I will lose gambling.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

Gambler's Beliefs Questionnaire continued

11. Even though I may be losing with my gambling strategy or plan, I must maintain that strategy or plan because I know it will eventually come through for me

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

12. There are certain things I do when I am betting (for example, tapping a certain number of times, holding a lucky coin in my hand, crossing my fingers, etc.) which increase the chances that I will win.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

13. If I lose money gambling, I should try to win it back.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

14. Those who don't gamble much don't understand that gambling success requires dedication and a willingness to invest some money.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

15. Where I get money to gamble doesn't matter because I will win and pay it back.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

16. I am pretty accurate at predicting when a "win" will occur.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

17. Gambling is the best way for me to experience excitement.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

18. If I continue to gamble, it will eventually pay off and I will make money.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

19. I have more skills and knowledge related to gambling than most people who gamble.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

20. When I lose at gambling, my losses are not as bad if I don't tell my loved ones.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree

21. I should keep the same bet even when it hasn't come up lately because it is bound to win.

1	2	3	4	5	6	7
Strongly Agree			Neutral			Strongly Disagree